

NAVARASAM ARTS AND SCIENCE COLLEGE FOR WOMEN

Accredited with B Grade By NAAC

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Best Practice-I

Title of the practice:

Issuing saplings to the outgoing students

Objectives of the practice:

The aim of this practice

- To enhance the tree cover on the society and to sensitize the student towards importance of trees.
- To spread the message save trees, save lives
- To create awareness among the students regarding the importance of ecology and the natural environment.
- The idea behind the issuing saplings to the outgoing activity was to prorogate the message that planting tree helps to maintain clear eco friendly environment reduces pollution and improves the green ambience in the society.
- To remind them that planting the trees has become inevitable one of the most important aspects today.
- The main objective of the practice is to make the outgoing students as socially responsible citizens.

The context:

Trees are part and parcel of our life. So it is our duty to plant more trees and take care of them in order to maintain balance between man and nature. The most important function is to keep the greenhouse gases at bay so that the temperature rise can be controlled. To make the country economically developed and to save the globe from green house effect, we should plant trees on a large scale. With the increasing pollution and climate amelioration it is important to make environment healthier by planting trees.

The practice:

The students today are technology oriented and they usually look for business start-ups which might involve deforestations. So, through this initiative we focus on educating the students to be friendly towards the environment and to take up businesses which might also include organic farming. Issuing saplings to the outgoing students was inaugurated by our management members and principal. On this occasion everyone pledged to take responsibility to increase the Maximum number of saplings. Faculties motivated all the students to plant trees explaining the importance of nature from trees. Planting more trees can be a small step towards protecting the environment. Through this program the students get an opportunity to plant the saplings provided by the college in their locality as well as their nearby premises. As a result, the students take an interest towards this initiative to join the fight against deforestation.

Evidence of success:

There has been growing awareness among the students towards environment degradation and importance of tree plantation. A sense of social responsibility has grown among the students. Local people have been motivated for plantation. Students are concerned about Silviculture, i.e., the practice of controlling the growth, composition/structure, and quality of forests to meet values and needs. Students are concerned about global warming.

Problems encountered and resources required:

All the students cannot find healthy and good species of saplings at the time of plantation. The students plant saplings either at their homes or in their respective village. Many saplings die due to negligence of the students (lack of fencing or watering), heavy rain or dry weather, soil erosion, flood, cattle, etc., Students lack knowledge of managing the weeds and protecting from pests and diseases.



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Best Practice-II

1. Title of the practice:

Playing the prayer song in the morning

2. Objectives of the practice:

The aim of this practice

- To enable the students and teachers to keep their mind and soul peaceful.
- To help students appreciate different faiths and cultures.
- To instill values of respect and tolerance
- To inculcate calm and composure in the personality of students.
- To maintain discipline.
- To help students become more optimistic and discover the right course in their academic and social lives.
- To aid students in finding healing and fostering bravery or knowledge

3. The context:

Morning prayers foster a contemplative, reflective mindset that further aids in mind-calming. The young minds are going astray distracted and disillusioned by the immoral attitude prevalent in society. It has been observed that the student community is swiftly drifting away from social responsibilities, moral values and spirituality. Prayer enhances focus even further, which is crucial for both teachers and students to get through the day. The institute is committed in changing the moral climate of the college through the involvement of students in this activity.

4. The practice:

The day starts with the prayers “Guru Brahma Guru Vishnu” shloka of by Adi Shankaracharya that invokes the support of all spiritual gurus and “Enniya mudithal vendum” words of Bharathiar to enlighten the minds which are preyed on by Students and faculties. The prayer is run on the speaker and each one from the institute stands up to attend the prayer in their respective cabins and classes. This is an exercise in hyper-vigilance more than the physical exercises accepted by ordinary physics. The exercise of prayer is to be done keeping the inner and outer very clean and upright. After the prayer is over, actual academic and administrative work starts.

5. Evidence of success:

The institute's efforts and determination to inculcate moral values, ethics, respect and discipline among students are reflected in their attitude. Each person's spiritual health is aided by the words of wisdom that are said at the morning prayers. Both faculty and staff are extremely driven to work with a positive attitude, adopt ethical behaviors, and uphold moral ideals in their daily lives. Companies looking to place students anticipate that they will possess both technical expertise and strong moral standards, which has a significant impact on their decision to hire them. This activity encourages moral behavior in society

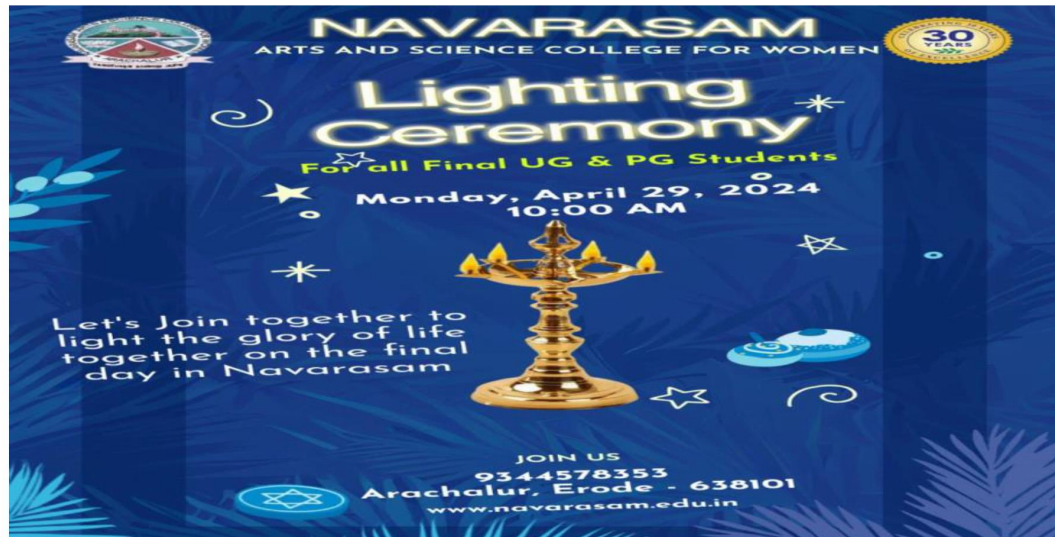
6. Problems encountered and resources required:

. There are no issues because it provides a holy experience and spiritual energy throughout the entire day. It's challenging to manage today's pupils and require them to stand for five minutes during the prayer, but since this is not a religious requirement, all students—regardless of caste, tribe, or religion—stand and pray to God in unison in order to achieve their own goals. The institute has adequately provided all of the resources needed to carry out this practice.

 
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